



## Realising a Dream!

Martin Plowman  
Head of Dreams

# What do we do?

Dreams Come True are a UK national charity established for over 25 years whose mission is to realise the dreams of seriously ill and life limited children and young adults aged from 2 to 21.

# What is a dream?

A dream can be as varied as a child's imagination and can range from a meeting a favourite celebrity, having a new games console or a holiday in the UK or abroad. We do our best to fulfil a dream in the most special and fulfilling way. Here are just a few examples of the dreams that we have fulfilled:

- **Publishing a book of short stories**
- **Swimming with Dolphins**
- **A bespoke trike to join in with family and friends**
- **Meeting a favourite celebrity or sports team**
- **UK and world wide adventures**
- **A new computer or tablet**



## How to nominate a dream

Anyone can nominate a child or young person for a dream. The dream recipient though must be resident in the UK.

Download the Dream Application Pack directly from our website:

[www.dreamscometrue.uk.com](http://www.dreamscometrue.uk.com)

Alternatively, call Dreams Come True (01428 726300) and we will arrange to send a pack out to you.

Useful information (please note that this is not an endorsement of their services but are those that we have found very useful):

- Special Services Virgin Airways 0344 412 4455 – [special\\_assistance@fly.virgin.com](mailto:special_assistance@fly.virgin.com)
- Medical Clearance Unit British Airways 0208 738544 – [www.britishairways.com/en-gb/information/special-assistance](http://www.britishairways.com/en-gb/information/special-assistance)
- For advice on special seating on aircraft including opportunity to try before you fly - [tryb4ufly.co.uk](http://tryb4ufly.co.uk) - 02087701151
- Manufacturer information concerning wheelchairs - <http://staging.bhta.totalweb.net.uk/home/air-transport-advice-lists.html>
- Airline oxygen policies – [www.BFL.org.uk/page/airline-oxygenpolicies](http://www.BFL.org.uk/page/airline-oxygenpolicies)
- OMEGA Advanced Aeromedical – advice and help about travelling with oxygen needs 01273 308176 (Mr W Quantrill)
- Medical equipment hire in the US – [www.caremedicalequipment.com](http://www.caremedicalequipment.com)

- Air Transport Users Council – general advice for disabled air travel  
[www.auc.org.uk](http://www.auc.org.uk) 0207 2406061
- Disabled Living Foundation – general information on journey planning –  
[www.dlf.org.uk](http://www.dlf.org.uk) 0207 2896111
- Specialist disabled travel agents
  - [www.enableholidays.com](http://www.enableholidays.com)
  - [www.disabledholidaydirectory.co.uk](http://www.disabledholidaydirectory.co.uk)
- John Proctor Travel Brighton – 01273 608351
- Other useful websites - [www.visitlondon.com](http://www.visitlondon.com)  
- [www.disabledtraveladvice.co.uk](http://www.disabledtraveladvice.co.uk)
- Martin Plowman – DD 01428 726333 – [martin@dreamscometrue.uk.com](mailto:martin@dreamscometrue.uk.com)

(please note Dreams Come True is not endorsing the services of the above. The information is given so that people may make informed choices of their own)